

GROWING IN FAITH (INSHA'ALLAH)



BISMILLAH + AS-SALAMU ALEIKUM!

THIS 3-MONTH CALENDAR WAS CREATED TO INCREASE INTENTIONALITY IN OUR DAYS AND HELP US ADOPT GOOD HABITS INSHA'ALLAH.

THE CALENDAR IS BASED ON THE MONTHS OF JANUARY-MARCH 2022 AS A MEANS TO HELP US PREPARE FOR RAMADAN INSHA'ALLAH, BUT YOU ARE MORE THAN WELCOME TO USE THIS CALENDAR FOR ANY MONTH IN THE YEAR (YOU MAY NEED TO ADJUST THE DAYS OF THE MONTH)

EACH MONTH HAS A SET OF INTENTIONS WITH SYMBOLS. FOR EXAMPLE IN MONTH 1, THE ☆ SYMBOL REPRESENTS 5 DAILY PRAYERS. AS YOU COMPLETE YOUR PRAYERS ON TIME DAILY INSHA'ALLAH, YOU CAN FILL IN THE STAR. THE STAR HAS 5 TIPS, AND EACH TIP CAN BE USED TO REPRESENT ONE PRAYER. SO FOR EXAMPLE IF YOU MISS FAJR PRAYER, BUT PRAYED THE OTHER 4 PRAYERS ON TIME, YOU CAN FILL IN 4 OUT OF 5 TIPS OF THE STAR. THIS ALLOWS YOU TO KEEP TRACK OF WHICH PRAYER YOU MISSED, AND HELPS YOU SEE IF THERE ARE CERTAIN PATTERNS OF MISSED PRAYERS + HOW YOU IMPROVE INSHA'ALLAH OVER TIME.

ON THE SIDE OF EACH MONTH, IS A PLACE TO MAKE NOTE OF THINGS THAT MAY HAVE PREVENTED YOU FROM KEEPING UP WITH SOME OF THE TASKS, AND A PLACE TO MAKE NOTE OF HOW YOU PLAN TO OVERCOME THAT OBSTACLE, INSHA'ALLAH.

I PRAY YOU FIND BENEFIT IN THIS CALENDAR.

MAY ALLAH BLESS YOU <3

YOUR SISTER,
GHENA
@DEENANDCHAI

CONNECTING WITH PRAYER

MONTH

INTENTIONS

- ★ Pray 5 prayers on time
- ▲ Tafsir Surah Al-Fatiha
- Pray in congregation
- ♥ Clean up prayer area

THINGS THAT PREVENTED ME FROM PRAYING ON TIME:

- e.g. did not realize the time
-
-
-
-
-
-

WAYS I WILL OVERCOME:

- e.g. will set alarms for prayer
-
-
-
-
-
-

MON	TUE	WED	THU	FRI	SAT	SUN
31 ★					1 ♥ ★	2 ★
3 ▲ ★	4 ★	5 ★	6 ★	7 ★	8 ○ ★	9 ★
10 ★	11 ★	12 ★	13 ★	14 ○ ★	15 ★	16 ★
17 ♥ ★	18 ★	19 ★	20 ★	21 ★	22 ○ ★	23 ★
24 ★	25 ★	26 ★	27 ★	28 ★	29 ★	30 ○ ★

ABU HURAIRA REPORTED: THE MESSENGER OF ALLAH, PEACE AND BLESSINGS BE UPON HIM, SAID, "IF THERE WAS A RIVER AT YOUR DOOR AND HE TOOK A BATH IN IT FIVE TIMES A DAY, WOULD YOU NOTICE ANY DIRT ON HIM?" THEY SAID, "NOT A TRACE OF DIRT WOULD BE LEFT." THE PROPHET SAID, "THAT IS THE PARABLE OF THE FIVE PRAYERS BY WHICH ALLAH REMOVES SINS."

Ṣaḥīḥ al-Bukhārī 505, Ṣaḥīḥ Muslim 667



CONNECTING WITH QURAN

+ PRAYER

MONTH

INTENTIONS

- ★ Pray 5 prayers on time
- ▲ Read __ (verses/pages)
- Memorize a new Surah
- ♥ Use the new Surah in prayer
- ⬡ Read Tafsir of a small Surah

THINGS THAT PREVENTED ME FROM READING QURAN:

- e.g. did not dedicate time to it
-
-
-
-
-

WAYS I WILL OVERCOME:

- e.g. will commit to reading at 8PM everyday
-
-
-
-
-



MON

TUE

WED

THU

FRI

SAT

SUN

	1 ▲ ★	2 ▲ ★	3 ▲ ★	4 ▲ ★	5 ⬡ ▲ ★	6 ○ ▲ ★
7 ♥ ▲ ★	8 ▲ ★	9 ▲ ★	10 ♥ ▲ ★	11 ▲ ★	12 ▲ ★	13 ⬡ ▲ ★
14 ▲ ★	15 ♥ ▲ ★	16 ▲ ★	17 ▲ ★	18 ♥ ▲ ★	19 ⬡ ▲ ★	20 ▲ ★
21 ♥ ▲ ★	22 ▲ ★	23 ▲ ★	24 ♥ ▲ ★	25 ⬡ ▲ ★	26 ▲ ★	27 ♥ ▲ ★
28 ▲ ★						

AISHA REPORTED: THE PROPHET, PEACE AND BLESSINGS BE UPON HIM, SAID, "THE EXAMPLE OF ONE WHO RECITES THE QURAN AND MEMORIZES IT IS THAT OF ONE WITH THE 'RIGHTEOUS AND NOBLE SCRIBES' (80:15). THE EXAMPLE OF ONE WHO RECITES THE QURAN AND IS COMMITTED TO IT, ALTHOUGH IT IS **DIFFICULT FOR HIM**, IS THAT OF ONE WITH A **DOUBLE** REWARD."

Ṣaḥīḥ al-Bukhārī 4937, Ṣaḥīḥ Muslim 798

REMEMBRANCE OF ALLAH

+ PRAYER + QURAN

MONTH

INTENTIONS

- ★ Pray 5 prayers on time
- ▲ Read __ (verses/pages)
- Say Alhamdulillah 100x
- ♥ Say Astaghfirullah 100x
- ◆ Say SubhanAllah 100x
- ◆ Morning Dhikr at Fajr
- ◆ Evening Dhikr at Maghrib

THINGS THAT PREVENTED ME:

•
•
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•
•

WAYS I WILL OVERCOME:

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•
•



MON

TUE

WED

THU

FRI

SAT

SUN

1



2



3



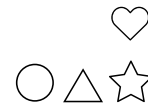
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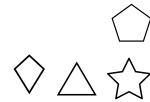
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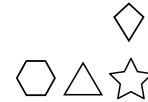
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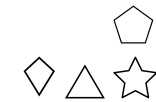
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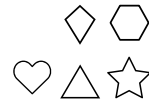
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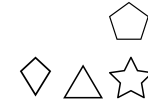
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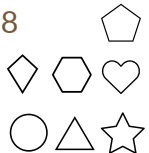
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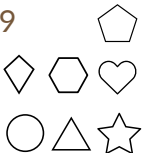
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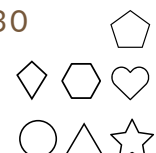
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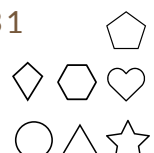
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30



31



"THOSE WHO BELIEVE, AND WHOSE HEARTS FIND SATISFACTION IN THE REMEMBRANCE OF ALLAH:
FOR WITHOUT DOUBT IN THE REMEMBRANCE OF ALLAH DO HEARTS FIND SATISFACTION."

Quran 13:28



Morning Dhikr

أذكار الصباح

اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا، وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَلِيكَ النُّشُورُ

Allahumma bika asbahna
wa bika amsaina wa bika
nahya wa bika namutu
wa ilaika an-nushur

O Allah, by You we enter the morning
and by You we enter the evening, and
by You we live, and by You we die,
and to You is the resurrection (x1)

اللَّهُمَّ مَا أَصْبَحَ بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا

شَرِيكَ لَكَ فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ

Allahumma ma asbaha bi min
ni'matin aw bi ahadin min
khalqika fa minka wahdaka
la sharika laka fa lakal
hamdu wa lakash-shukru

O Allah, whatever favours You have
bestowed upon me and all other
creations is only from you. You are
One, You have no partners.
Praise and thanks be to You (x1)

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّهُ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillahir-ladhi la yadurru
ma'as-mihi shai'un fil-ardi
wa la fis-sama'i, wa
Huwas-Sami'ul-'Alim

In the name of Allah with whose
name nothing is harmed on earth
nor in the heavens and He is The
All-Seeing, The All-Knowing (x3)

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا

Raditu billahi Rabbha,wa bilislami
Deena, wa Bimuhammaddin
(SAW) Nabiyyan

I am pleased with Allah as my Lord,
Islam as my Deen and Muhammad
(SAW) as my Nabi (x3)

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

HasbiyAllahu laa ilaaha illa
huwa alayhi tawakkaltu wa
huwa Rabbul arshil-adheem

Allah is Sufficient for me, none has
the right to be worshipped except
Him, upon Him I rely and He is
Lord of the exalted throne (x7)

أَصْبَحْنَا وَأَصْبَحَ الْمَلِكُ لِلَّهِ رَبِّ الْعَالَمِينَ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا الْيَوْمِ
فَتْحَهُ، وَنَصْرَهُ، وَتَوْرَةً وَبَرَكَتَهُ، وَهَدَاهُ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِيهِ وَشَرِّ مَا بَعْدَهُ

Asbahna wa asbahal-mulku
lillahi Rabbil-'alamin.
Allahumma inni as'aluka
khayra hadhal-yawmi:
fat'hahu wa nasrahu wa
nurahu, wa barakatahu, wa
hudahu, wa a'udhu bika
min sharri ma fihi wa sharri
ma ba'dahu

We have reached the morning and
at this very time all sovereignty
belongs to Allah, Lord of the
worlds. O Allah, I ask You for the
good of today, its triumphs and its
victories, its light and its blessings
and its guidance, and I take refuge
in You from the evil of today and
the evil that follows it (x1)

اللَّهُمَّ عَافِنِي فِي بَدْنِي، اللَّهُمَّ عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ

Allahumma 'afini fi badani,
Allahumma 'afini fi sam'i,
Allahumma 'afini fi basari
la ilaha illa anta

O Allah, grant my body health, O Allah,
grant my hearing health, O Allah, grant
my sight health. None has the right to
be worshipped except You. (x3)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ، وَالْفَقْرِ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ

Allahumma inni a'uthubika
minal-kufri wal-faqri, wa
a'uthu bika min athabil-
qabri, la ilaha illa anta

O Allah, I take refuge with You from disbelief
and poverty, and I take refuge with You from
the punishment of the grave. None has the
right to be worshipped except You (x3)

اللَّهُمَّ إِنِّي أَصْبَحْتُ أَشْهَدُكَ، وَأَشْهَدُ حَمَلَةَ عَرْشِكَ، وَمَلَائِكَتَكَ، وَجَمِيعَ خَلْقِكَ،

أَنْتَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحْدَكَ لَا شَرِيكَ لَكَ، وَأَنْ مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ

Allahumma inni asbahtu ush-
hiduka wa ush-hidu hamalata
'arshika, wa malaa'ikataka
wajamee'a khalqika, annaka
Antallaahu laa ilaaha illaa
Anta wahdaka laa shareeka
laka, wa anna Muhammadan
'abduka wa Rasooluka

O Allah, verily I have reached the
morning and call on You, the bearers
of Your throne, Your angels, and all of
Your creation to witness that You are
Allah, none has the right to be
worshipped except You, alone,
without partner and that Muhammad
is Your Servant and Messenger (x4)

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيثُ، أَصْلِحْ لِي شَأْنِي كُلَّهُ،

وَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ

Yaa Hayyu Yaa Qayyoom bi
rahmatika astagheeth, aslih
lee sha'nee kullahu wa laa
takilni ilaa nafsi tarfata 'ayn

O Ever Living, O Ever Sustaining, by Your
mercy I seek assistance, rectify for me all
of my affairs and do not leave me to
myself, even for the blink of an eye (x1)

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ

وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ

بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allahumma anta rabbi la ilaha
illa anta, khalqaatni wa-ana
'abduk, wa-ana 'ala 'ahdika
wawa'dika mas-tata't, a'oothu
bika min sharri ma sana't,
aboo-o laka bini'matika 'alay,
wa-aboo-o bithanbee, faghfir
lee fa-innaahu la yaghfiru-
thunaba illa ant

O Allah, You are my Lord, none has the
right to be worshipped except You, You
created me and I am Your servant and I
abide to Your covenant and promise as
best I can, I take refuge in You from the evil
of which I have committed. I acknowledge
Your favor upon me and I acknowledge
my sin, so forgive me, for verily none
can forgive sin except You (x1)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ
SubhanAllahi wa-bihamdihi
How perfect Allah is and I
praise Him (x100)

Ayat Al-Kursi (x1)
سورة الإكhlas (x3)
سورة الناس (x3)
سورة الفلق (x3)
Surah Al-Ikhlās
Surah An-Nas
Surah Al-Falaq



Evening Dhikr

أذكار المساء

اللَّهُمَّ بِكَ أَمْسَيْنَا، وَبِكَ أَصْبَحْنَا، وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَلِيكَ الْمَصِيرُ

Allahumma bika amsaina
wa bika asbahna wa bika
nahya wa bika namutu wa
ilaika al-maseerr

O Allah, by You we enter the evening
and by You we enter the morning,
and by You we live, and by You we
die, and to You is the Return (x1)

اللَّهُمَّ مَا أَمْسَى بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ

لَا شَرِيكَ لَكَ فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ

Allahumma ma amsa bi min
ni'matin aw bi ahadin min
khalqika fa minka wahdaka
la sharika laka fa lakal
hamdu wa lakash-shukru

O Allah, whatever favours You have
bestowed upon me and all other
creations is only from you. You are
One, You have no partners. Praise
and thanks be to You (x1)

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّهُ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillahir-ladhi la yadurru
ma'as-mihi shai'un fil-ardi
wa la fis-sama'i, wa
Huwas-Sami'ul-'Alim

In the name of Allah with whose
name nothing is harmed on earth
nor in the heavens and He is The
All-Seeing, The All-Knowing (x3)

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا

Raditu billahi Rabbha,wa bilislami
Deena, wa Bimuhammaddin
(SAW) Nabiyyan

I am pleased with Allah as my Lord,
Islam as my Deen and Muhammad
(SAW) as my Nabi (x3)

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

HasbiyAllahu laa ilaaha illa
huwa alayhi tawakkaltu wa
huwa Rabbul arshil-adheem

Allah is Sufficient for me, none has
the right to be worshipped except
Him, upon Him I rely and He is
Lord of the exalted throne (x7)

أَمْسَيْنَا وَأَمْسَى الْمَلِكُ لِلَّهِ رَبِّ الْعَالَمِينَ اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذِهِ اللَّيْلَةِ، فَتَحَهَا،
وَنَصْرَهَا، وَتَوْرَهَا وَبَرَكَتَهَا، وَهَدَاهَا، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِيهَا وَشَرِّ مَا بَعْدَهَا

Amsaina wa-amsal-mulku
lillahi Rabbil-'alamin.
Allahumma inni as'aluka
khayra hadhihi-layla:
fat'haha wa nasraha wa
nuraha, wa barakataha, wa
hudaha, wa a'udhu bika
min sharri ma fiha wa
sharri ma ba'daha

We have reached the evening and
at this very time all sovereignty
belongs to Allah, Lord of the
worlds. O Allah I ask You for the
good of tonight, its triumphs, its
victories, its light and its blessings
and its guidance, and I take refuge
in You from the evil of tonight and
the evil that follows it (x1)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ
SubhanAllahi wa-bihamdihi
How perfect Allah is and I
praise Him (x100)

Ayat Al-Kursi (x1)
سورة الإكhlas (x3)
سورة الناس (x3)
سورة الفلق (x3)
Surah Al-Ikhlās
Surah An-Nas
Surah Al-Falaq

اللَّهُمَّ عَافِنِي فِي بَدْنِي، اللَّهُمَّ عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ

Allahumma 'afini fi badani,
Allahumma 'afini fi sam'i,
Allahumma 'afini fi basari
la ilaha illa anta

O Allah, grant my body health, O Allah,
grant my hearing health, O Allah, grant
my sight health. None has the right to
be worshipped except You. (x3)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ، وَالْفَقْرِ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ

Allahumma inni a'uthubika
minal-kufri wal-faqri, wa
a'uthu bika min athabil-
qabri, la ilaha illa anta

O Allah, I take refuge with You from disbelief
and poverty, and I take refuge with You from
the punishment of the grave. None has the
right to be worshipped except You (x3)

اللَّهُمَّ إِنِّي أَصْبَحْتُ أَشْهَدُكَ، وَأَشْهَدُ حَمَلَةَ عَرْشِكَ، وَمَلَائِكَتَكَ، وَجَمِيعَ خَلْقِكَ،

أَنْتَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحْدَكَ لَا شَرِيكَ لَكَ، وَأَنْ مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ

Allahumma inni amsaitu ush-
hiduka wa ush-hidu hamalata
'arshika, wa malaa'ikataka
wajamee'a khalqika, annaka
Antallaahu laa ilaaha illaa
Anta wahdaka laa shareeka
laka, wa anna Muhammadan
'abduka wa Rasooluka

O Allah, verily I have reached the
evening and call on You, the bearers
of Your throne, Your angels, and all of
Your creation to witness that You are
Allah, none has the right to be
worshipped except You, alone,
without partner and that Muhammad
is Your Servant and Messenger (x4)

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيثُ، أَصْلِحْ لِي شَأْنِي كُلَّهُ،

وَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ

Yaa Hayyu Yaa Qayyoom bi
rahmatika astagheeth, aslih
lee sha'nee kullahu wa laa
takilni ilaa nafsi tarfata 'ayn

O Ever Living, O Ever Sustaining, by Your
mercy I seek assistance, rectify for me all
of my affairs and do not leave me to
myself, even for the blink of an eye (x1)

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ

وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ

بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allahumma anta rabbi la ilaha
illa anta, khalqaatni wa-ana
'abduk, wa-ana 'ala 'ahdika
wawa'dika mas-tata't, a'oothu
bika min sharri ma sana't,
aboo-o laka bini'matika 'alay,
wa-aboo-o bithanbee, faghfir
lee fa-innaahu la yaghfiru-
thunaba illa ant

O Allah, You are my Lord, none has the
right to be worshipped except You, You
created me and I am Your servant and I
abide to Your covenant and promise as
best I can, I take refuge in You from the evil
of which I have committed. I acknowledge
Your favor upon me and I acknowledge
my sin, so forgive me, for verily none
can forgive sin except You (x1)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ
SubhanAllahi wa-bihamdihi
How perfect Allah is and I
praise Him (x100)

Ayat Al-Kursi (x1)
سورة الإكhlas (x3)
سورة الناس (x3)
سورة الفلق (x3)
Surah Al-Ikhlās
Surah An-Nas
Surah Al-Falaq